



## Sun Care

We are committed to ensuring that all children are fully protected from the dangers of too much sun/UV rays. Sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We follow guidance from the weather and UV level reports and use the following procedures to keep children safe and healthy in the sun:

- ✿ All children are required to wear sun cream regardless of skin tone or ethnicity. The exception to this is when a child has a medical condition such as severe eczema that prohibits this.
- ✿ As part of the registration process parents are requested to consent to their child having sun cream applied by the nursery team. In the event that a parent does not consent the parent will be required to apply sun cream when their child arrives at nursery.
- ✿ Parents are asked to provide sun cream for their child, which will be kept at the nursery and clearly labelled with the child's name.
- ✿ In the event that a child does not have sun cream nursery sun cream will be applied. The nursery will use a 50SPF cream.
- ✿ When a child is unable to wear sun cream a care plan will be put in place, the child's key persons will work with the parents to decide and agree on suitable precautions to protect children from burning, such as SPF protective clothing.
- ✿ Children must have a clearly labelled sun hat which will be worn at all times whilst outside in sunny weather. This hat will preferably be of legionnaires design (i.e. with an extended back and side to shield children's neck and ears from the sun) to provide additional protection
- ✿ Parents are requested to supply light-weight cotton clothing for their children suitable for the sun, with long sleeves and long legs. Parents are advised that during hot weather children's shoulders should be covered, ideally in a loose cotton top.
- ✿ Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun; children will not be allowed in the direct sunlight between 11.00am – 3.00pm on very hot days
- ✿ Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day
- ✿ Children are encouraged to drink cooled water more frequently throughout sunny or warm days and this will be accessible both indoors and out
- ✿ Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun
- ✿ Shade will be provided in the form of a gazebo or under trees to ensure children are able to still go out in hot weather, cool down or escape the sun should they wish or need to.

This policy was updated:	Signed on behalf of the nursery:	Date for Review:
August 2024	Julie Coackley Childcare Director	2025